

## Hedgehogs Timetable 2025/2026

	Monday	Tuesday	Wednesday (Rhiannon PPA PM)	Thursday (Rhiannon PPA 10.30-11.45)	Friday	
<b>8.50- 10.00</b>	9.30am until 12pm Hydrotherapy     If no swimming, then we would take part in normal routine	Physio Personal Care	9.30am until 12pm Hydrotherapy     If no swimming, then we would take part in normal routine	Physio Personal Care	Physio Personal Care	
<b>Curriculum Area</b>						
<b>10.00– 10.25</b>		Good morning routine		Good morning routine	Good morning routine	Good morning routine
<b>Curriculum Area</b>						
<b>10.25- 11.00</b>		Communication and fine motor development Personal Care		Communication and fine motor development Personal Care	Communication and fine motor development Personal Care	Communication and fine motor development Personal Care
<b>Curriculum Area</b>						
<b>11.00- 11.35</b>		Pupils outside for social relationships Adult Directed Input – (DR/EH RWI) 11-11.30		Cooking	Pupils outside for social relationships Adult Directed Input – (DR/EH RWI) 11-11.30	
<b>Curriculum Area</b>						
<b>11.35-12.00</b>	Attention Time	Attention Time	Attention Time	Attention Time	Attention Time	
<b>12-1.00</b>	Lunch – enrichment and social relationships	Lunch – enrichment and social relationships	Lunch – enrichment and social relationships	Lunch – enrichment and social relationships	Lunch – enrichment and social relationships	
<b>Curriculum Area</b>						
<b>1.05-1.10</b>	Personal Care	Personal Care	Personal Care	Personal Care	Personal Care	
<b>Curriculum Area</b>						
<b>1.10 – 1.25</b>	Personal Hygiene Routine (Looking Good)	Personal Hygiene Routine (Looking Good)	Personal Hygiene Routine (Looking Good)	Personal Hygiene Routine (Looking Good)	Personal Hygiene Routine (Looking Good)	
<b>Curriculum Area</b>						
<b>1.25-1.40</b>	Adult Directed Input - Sensology	Adult Directed Input - Sensology	Adult Directed Input - Sensology	Adult Directed Input - Sensology	Adult Directed Input - Sensology	
<b>Curriculum Area</b>						

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1.40 - 2.20	Adult Directed Input – Cognition/Explore and Discover	Adult Directed – STARS (Sensory Tactile and Response Session) DR/EH body awareness activities	Adult Directed Input Forest School Rhiannon out PPA	Adult Directed Input – Sensory Story	Adult Directed Input – MATP or Movement and Music
Curriculum Area					
2.20 – 3.00	Personal care and communication and fine motor development.	Personal care and communication and fine motor development.	Personal care and communication and fine motor development.	Personal care and communication and fine motor development.	Personal care and communication and fine motor development.
Curriculum Area					
3.00 -3.10	Class Assembly and emotional regulation	Class Assembly and emotional regulation	Class Assembly and emotional regulation	Class Assembly and emotional regulation	Class Assembly and emotional regulation
Curriculum Area					

Colour Key
My Body and Mind
My Communication
My Physical Wellbeing
My Attention and Understanding