

### School Meals SAMPLE MENU

Monday		Monday		Monday		Monday	
Main:	Dessert:	Main:	Dessert:	Main:	Dessert:	Main:	Dessert:
Beef Bolognaise (made with Lincolnshire beef), Fusilli Pasta, Peas and Sweetcorn	Individual Yeo Valley Strawberry Yoghurt	Veggie Bolognaise, Jacket Potato and Salad	Frozen Strawberry Yoghurt	Margherita Pizza, Sweetcorn and Salad	Melon with Vanilla Ice Cream	Jacket Potato, Baked Beans, Cheese and Vegetable Sticks	Individual Yeo Valley Strawberry Yoghurt
Tuesday		Tuesday		Tuesday		Tuesday	
Main:	Dessert:	Main:	Dessert:	Main:	Dessert:	Main:	Dessert:
Roast Turkey, Roast Potatoes, Peas, Carrots and Gravy	Oaty Apple Crumble with Custard	Margherita Pizza with Salad	Individual Yeo Valley Raspberry Yoghurt	Lincolnshire Beef Burger in a Bread Roll, Diced Potatoes, Vegetable Sticks and Tomato Ketchup	Goody Chocolate Pudding	Roast Turkey, Roast Potatoes, Peas, Carrots and Gravy	Oaty Apple Crumble with Custard
Wednesday		Wednesday		Wednesday		Wednesday	
Main:	Dessert:	Main:	Dessert:	Main:	Dessert:	Main:	Dessert:
Mild Chicken Balti, Rice, Broccoli and Cauliflower	Peach Slices in Raspberry Yoghurt	Ham and Cheese Pasta Bake, Crusty Wholemeal Bread and Carrot Sticks	Peach and Orange Jelly	Roast Pork, Roast Potatoes, Mixed Seasonal Vegetables and Gravy	Chunky Funky Fruit Strawberry Jelly	Lincolnshire Chipolata Sausages, Jacket Potato, Seasonal Vegetables and Gravy	Peach Slices in Raspberry Yoghurt
Thursday		Thursday		Thursday		Thursday	
Main:	Dessert:	Main:	Dessert:	Main:	Dessert:	Main:	Dessert:
Lincolnshire Chipolata Sausages, Jacket Potato, Seasonal Vegetables and Gravy	Apple and Sultana Slice with Custard	Roast Chicken, Roast Potatoes, Peas, Carrots and Gravy	Apple and Pear Crumble with Custard	Traditional Beef Lasagne, Crusty Bread and Peas	Chocolate Cornflake Cake	<b>Half Term</b>	<b>Half Term</b>
Friday		Friday		Friday		Friday	
Main:	Dessert:	Main:	Dessert:	Main:	Dessert:	Main:	Dessert:
Salmon and Sweet Potato Fishcake, Mashed Potato and Baked Beans	Chocolate Sponge with Chocolate Custard	Jacket Potato, Baked Bean Hotpot and Salad	Ginger Sponge with Custard	Lincolnshire Fishcake, Mashed Potato and Baked Beans	Lemon Drizzle Cake with Custard	<b>Half Term</b>	<b>Half Term</b>

Allergen Content: Molluscs - None, Lupin - L, Sulphites - SD, Sesame - Ses, Mustard - MU, Eggs - E, Celery - Ce, Nuts - None, Dairy/Milk - D, Soyabeans - S, Peanuts - None on Site, Fish - F, Eggs - E, V - Suitable for Vegetarians, Cereals Containing Gluten - GL. **A FULL ALLERGY BREAK DOWN WILL BE SHORTLY**

**AVAILABLE ON OUR WEB SITE.**

\*\* All meals unless otherwise indicated are served with Locally Sourced Potatoes and Seasonal Vegetables\*\*

Bread Is Available With The Meal (GL, L)

Drinking Water Always Available

We Cater For All Dietary Requirements

All Meat Is From Our On-Site Butchers