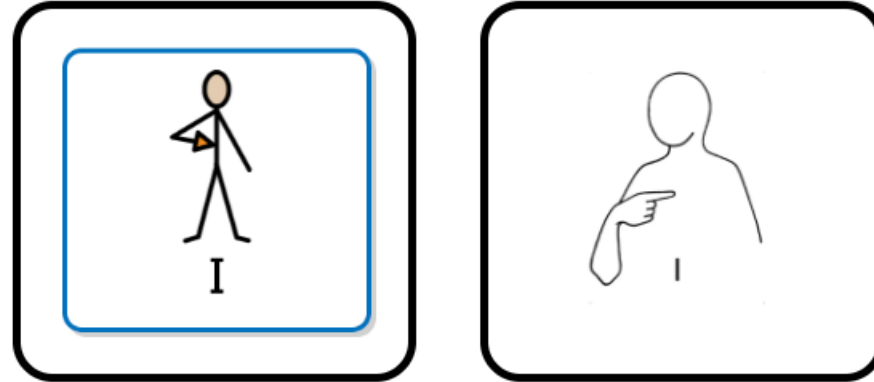


Week 4

I, Me & My



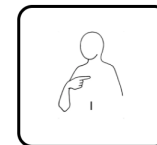
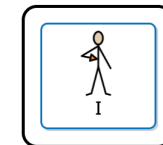
Watch Video



say it

We are learning

I, Me & My



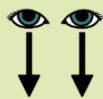
 Watch Video



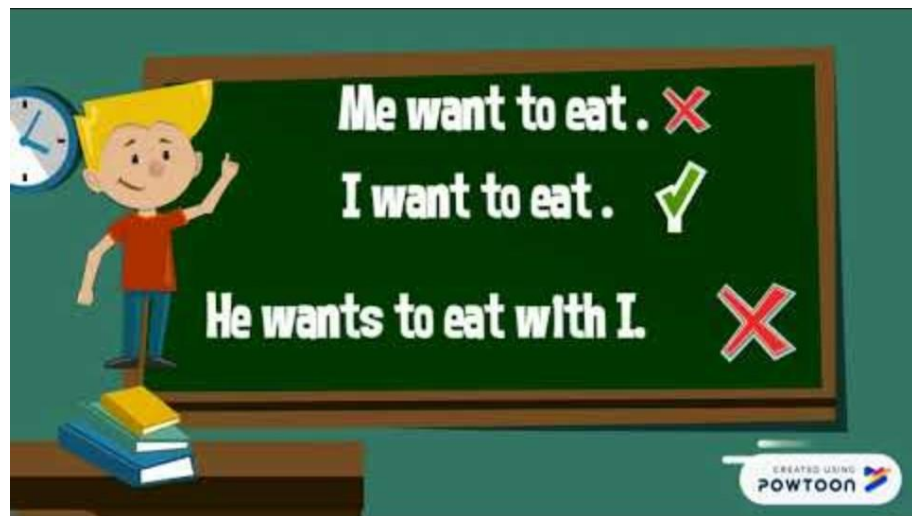


hear it





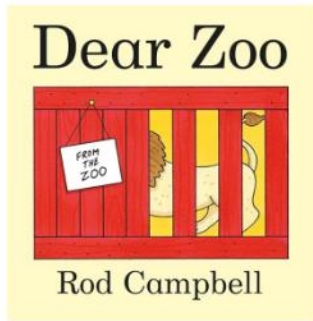
watch it





read it

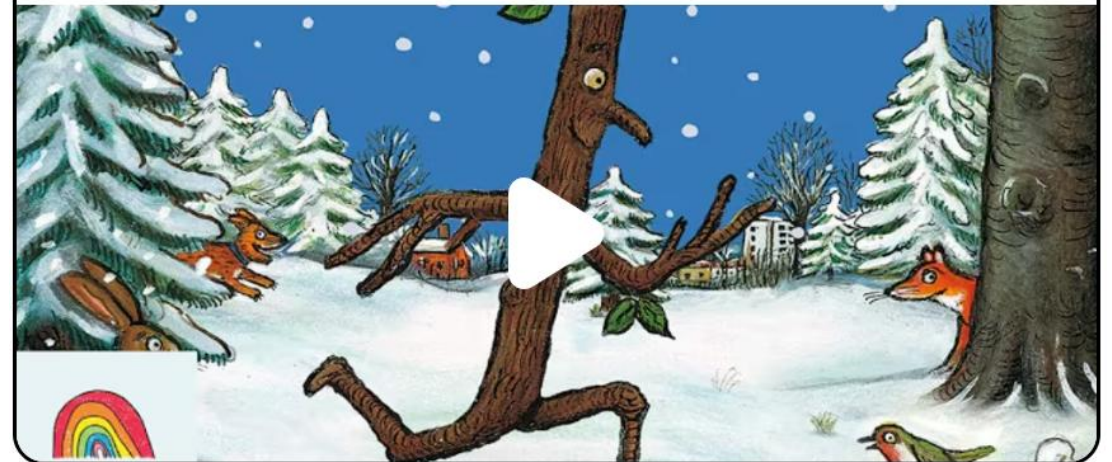
Story ideas



[Buy "Dear Zoo" on Amazon](#)



[Buy "Stickman" on Amazon](#)





learn it

Activity Ideas

1. Mirror Time with Name Songs

- Activity: Use a large mirror during 1:1 or small group time. Sing name songs (e.g. "Jordan, Jordan, where are you?") and encourage each child to look at themselves when their name is sung. Offer tactile or light-up props when their name is called to reinforce attention and awareness.
- Extension: Label parts of their body while they look in the mirror (e.g. "Your nose!") and pause to wait for reactions.

2. Body Part Treasure Hunt

- Activity: Hide soft textures (feathers, bells, crinkly fabric) in socks, mittens or under scarves placed on body parts (e.g. "What's on your foot?"). Support children to explore and remove them using hands or feet.
- Extension: Narrate actions using "your" and "my" (e.g. "You found it on your foot!").

3. Photo Choice and Me Book

- Activity: Offer laminated photos of familiar people (including self). Allow the child to choose "me" and place it in a personalised "All About Me" folder with symbols, tactile textures, or real objects linked to themselves.
- Extension: Use an interactive choice board with the symbol for "me" and coreboard options (e.g. "my toy", "I like").

4. Favourite Things Play Tray

- Activity: Set up trays with familiar and novel objects. Prompt with "my toy" or "I want". Observe for vocalisations, gestures, or body movements that show preference. Adults respond and label with emphasis on "your" and "my" language.
- Extension: Use symbol cards with "I want" or "my" to reinforce intent.

5. Emotion Puppets or Blanket Peekaboo

- Activity: Use puppets or soft toys for "peekaboo" or emotion games. Pause dramatically and wait for learners to signal continuation through movement, noise, or gaze. Reinforce with phrases like "I see you!" or "It's me!" to build recognition.
- Extension: Add a soft blanket and mirror to encourage hiding and revealing.



learn it

Activity Ideas

1. All About Me Question Circle

- Activity: Use visual prompt cards and core board symbols to support a question circle where learners answer:
 - "What's your name?"
 - "What do you like?"
 - "Is this your photo?"
- Model and repeat key sentence starters: "I am...", "My name is...", "I like..."

2. Personal Item Show and Tell

- Activity: Each learner brings or selects a favourite object. They show it to the group and complete a sentence strip or core board prompt (e.g. "I like my teddy").
- Provide visuals with sentence starters and ownership symbols (e.g. "mine", "my").

3. Role-Play with Pronoun Prompts

- Activity: Use costumes or familiar role-play settings (home corner, doctor's office). Adults narrate and prompt, e.g. "I'm the doctor – it's my stethoscope!" Encourage learners to act out and describe using similar phrasing.
- Provide "I"/"my" cue cards to reinforce correct usage during play.

4. Symbol or Photo Matching Game

- Activity: Present a tray of name/photo cards and ask each learner to find theirs. Use a matching symbol card for "me" or "my name". Extend with a symbol-supported sentence like "That is my photo".
- Add tactile elements (e.g. textures, scents) to personalise items.



practise it

1. "My Tray" Sorting Task

Present a mixed tray of symbol-labelled objects (e.g. my book, your cup, her bag). Learners identify which belong to them by placing correct items onto a "my" mat. Encourage use of "me" or "mine" symbols when making choices.

2. All About Me Folder

Each learner creates a page for a personal folder using photos, drawings, or symbols representing themselves (e.g. "I like...", "My name is...", "This is me"). Use symbol overlays and communication devices to model responses.

3. Photo Labelling and Ownership Matching

Provide a selection of photos showing learners, peers, and staff. Learners label or sort them into "me" / "not me" groups using symbols or photos. Add speech output buttons to label "me" and "my friend" to support expressive practice.

4. "I Choose" Symbol Strip Activity

During a table-top choice task (e.g. choosing a pencil, colour, or fidget), learners use symbol strips to complete sentences like "I choose..." or "My favourite is...". This helps embed early sentence structure using "I" and "my".

5. Role play with Symbol Sentences

Set up simple puppets or play figures with sentence starters: "I want...", "This is my...", "I am...". Learners choose appropriate symbols to finish the sentence. Use modelling and prompt with "Who is it?" and follow with "It's me!"

1. "All About Me" Symbol Profile Sheet

Learners complete a symbol-supported worksheet about themselves (name, likes, favourite toy). Adults support with questions like "What's your name?" and model responses with "I am..." and "My favourite is...".

2. "I Choose" Shopping Game

Set up a pretend shop with pictures or objects. Learners take turns selecting something they like using sentence strips such as "I want..." or "My turn to buy...". Prompt them to point to or say their choice with appropriate symbols.

3. Ownership Matching Task

Place familiar items (real or photo-based) onto a table. Learners match items to people using "my", "your", "his/her" cards or symbol buttons. For example: "This is my bag" or "That is your cup".

4. All About Me

Provide a range of personal and peer photos. Learners select their own photo and place it in a central box, using symbols or verbal responses to say "That's me!" or "I am here!". Build toward full "I" sentences such as "I like this", "This is my" "I am a".

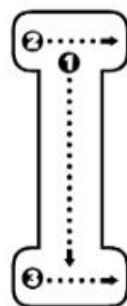
5. Mirror & Drawing Activity with Labels

Give each learner a mirror and simple outline drawing of a person. Encourage them to look at themselves and draw or label their hair, glasses, etc., using "my hair", "my eyes", etc. Add symbol support for each body part or descriptor.



write it

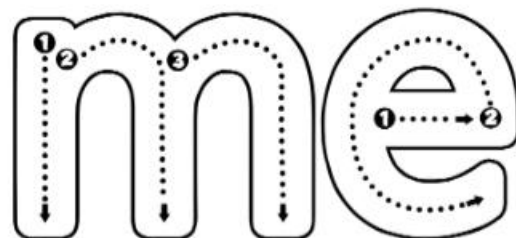
sensory curriculum[©]
core word programme





write it

sensory curriculum[©]
core word programme



www.sensoryclassroom.org



write it

sensory curriculum[©]
core word programme

