BEA Amber - term 2 2025/26 Timetable

	Monday	Tuesday	Wednesday	Thursday	Friday
8.50-9.20	Transition to the classroom, self-regulation time.	Transition to the classroom, self- regulation time.	Transition to the classroom, self-regulation time.	Transition to the classroom, self-regulation time.	Transition to the classroom, t, self-regulation time.
9.20 - 9:45	Good Morning	Good Morning	Good Morning	Good Morning	Good Morning
9:45 : 10:00	registration and check in Cognition break/sensory	registration and check in Cognition break/sensory	registration and check in Cognition break/sensory	registration and check in Cognition break/sensory	registration and check in Cognition break/sensory
10:00- 10:15	regulation Sensology	regulation Sensory story	regulation Sensology	regulation Sensory story	regulation Trip
10:15 – 10:30	What's the weather	What's the weather	What's the weather	What's the weather	Trip
	Explore Autumn sensory tray	Explore Spring sensory tray	Explore Winter sensory tray	Explore Summer sensory tray	
10:30 – 10:45	Enrichment and Social Relationship (playtime	Enrichment and Social Relationship (playtime	Enrichment and Social Relationship (playtime	Enrichment and Social Relationship (playtime	Enrichment and Social Relationship (playtime
10.45 11:00	Communication and independence (snack)	Communication and independence (snack)	Communication and independence (snack)	Communication and independence (snack)	Communication and independence (snack)
11:00 – 11:15	hygiene care	hygiene care	hygiene care	hygiene care	hygiene care
11.:15 – 11:30	Cognition	Cognition	Cognition	Cognition	Cognition
11:30- 11:45	Cognition break/sensory regulation – to prevent cognition stress/overload	Cognition break/sensory regulation – to prevent cognition stress/overload	Cognition break/sensory regulation – to prevent cognition stress/overload	Cognition break/sensory regulation – to prevent cognition stress/overload	Cognition break/sensory regulation – to prevent cognition stress/overload
11:45 – 11:55	Wash hands toilet ready for lunch	Wash hands toilet ready for lunch	Wash hands toilet ready for lunch	Wash hands toilet ready for lunch	Wash hands toilet ready for lunch
12.00- 1:20	Enrichment and Social Relationship	Enrichment and Social Relationship – field	Enrichment and Social Relationship	Enrichment and Social Relationship	Enrichment and Social Relationship
1::20 - 1:35	Good afternoon	Good afternoon	Good afternoon	Good afternoon	Good afternoon

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	Zones of regulation				
	Fine motor	Sound awareness/	Forest school	Fine motor	Forest school
		Music	Plants exploration		Water exploration
1:35 – 1:50	Cognition break/sensory				
	regulation	regulation	regulation	regulation	regulation
1:50-2:05	Looking good	Massage	Looking good	Looking healthy	Forest school
					Or sound awareness instruments
2.05 - 2:20	Enrichment and Social				
	Relationship (playtime)				
2:20- 2:30	hygiene care				
2.30 - 2.45	Communication and				
	independence (snack)				
2.45 -3.10	Song time				