

Conkers Timetable Term 3 2026

	Physical and Sensory Play		Discover		Nature		Holistic Therapy		Engagement & attention	
	Monday		Tuesday		Wednesday		Thursday		Friday	
08:50 – 09:30	Nature	Physical								
9:30 – 9:40	Good morning									
09:40 – 10:00	Zones of regulation		Brick building therapy							
10:00 – 10:15	Love of reading									
10:15 – 10:30	Social communication (snack)									
10:30 – 11:00	Enrichment/personal care routines/play									
11:00 – 11:20	Tray tasks		Tray tasks		Tray tasks		Tray tasks		Light therapy	
11:20 – 11:45	Sensory activities		Sensory activities		Sensory activities		Sensory activities			
11:45 – 12:00	Medication/ personal care/ dinner preparation									

Conkers Timetable Term 3 2026

12:00 – 13:05	Enrichment & social relationships (lunch)				
13:05 – 13:20	Quiet and calm time				
13.20 – 13.30	Good afternoon/zones of regulation				
13.30 – 13.45	Attention time	Attention time	Attention time	Attention time	Hydrotherapy
13:45 – 14:00	Looking good	Looking good	Looking good	Sensory story	

Conkers Timetable Term 3 2026

	Monday	Tuesday	Wednesday	Thursday	Friday
14:00 – 14:35	Sensory cooking	Sensology	STARS		
14:35– 14:45	Social communication (afternoon snack)				
14:45 – 14:55	Regulation and movement break/personal care /begin preparation for home	Regulation and movement break/personal care /begin preparation for home	Regulation and movement break/personal care /begin preparation for home	Regulation and movement break/personal care /begin preparation for home	Regulation and movement break/personal care/ begin preparation for home
14:55– 15:05	Meditation	Meditation	Meditation	Meditation	Meditation
15:05 – 15:10	Home time/ signing out medication/ transition to taxi	Home time/ signing out medication/ transition to taxi	Home time/ signing out medication/ transition to taxi	Home time/ signing out medication/ transition to taxi	Home time/ signing out medication/ transition to taxi