

# Conkers Timetable Term 3 2026

	Physical and Sensory Play		Discover		Nature		Holistic Therapy		Engagement & attention	
	Monday		Tuesday		Wednesday		Thursday		Friday	
08:50 – 09:30	Nature	Physical	Nature	Physical	Nature	Physical	Nature	Physical	Nature	Physical
9:30 – 9:40	Good morning		Good morning		Good morning		Good morning		Good morning	
09:40 – 10:00	Zones of regulation		Zones of regulation		Zones of regulation		Zones of regulation		Brick building therapy	
10:00 – 10:15	Love of reading		Love of reading		Love of reading		Love of reading			
10:15 – 10:30	Social communication (snack)		Social communication (snack)		Social communication (snack)		Social communication (snack)		Social communication (snack)	
10:30 – 11:00	Enrichment/personal care routines/play		Enrichment/personal care routines/play		Enrichment/personal care routines/play		Enrichment/personal care routines/play		Enrichment/personal care routines/play	
11:00 – 11:20	Tray tasks		Tray tasks		Tray tasks		Tray tasks		Light therapy	
11:20 – 11:45	Sensory activities		Sensory activities		Sensory activities		Sensory activities			
11:45 – 12:00	Medication/ personal care/ dinner preparation		Medication/ personal care/ dinner preparation		Medication/ personal care/ dinner preparation		Medication/ personal care/ dinner preparation		Medication/ personal care/ dinner preparation	

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<b>12:00 – 13:05</b>	Enrichment & social relationships (lunch)	Enrichment & social relationships (lunch)	Enrichment & social relationships (lunch)	Enrichment & social relationships (lunch)	Enrichment & social relationships (lunch)
<b>13:05 – 13:20</b>	Quiet and calm time	Quiet and calm time	Quiet and calm time	Quiet and calm time	Quiet and calm time
<b>13.20 – 13.30</b>	Good afternoon/zones of regulation	Good afternoon/zones of regulation	Good afternoon/zones of regulation	Good afternoon/zones of regulation	Good afternoon/zones of regulation
<b>13.30 – 13.45</b>	Attention time	Attention time	Attention time	Attention time	Hydrotherapy
<b>13:45 – 14:00</b>	Looking good	Looking good	Looking good	Sensory story	

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	Monday	Tuesday	Wednesday	Thursday	Friday
<b>14:00 – 14:35</b>	Sensory cooking	Sensology	STARS		
<b>14:35– 14:45</b>	Social communication (afternoon snack)	Social communication (afternoon snack)	Social communication (afternoon snack)	Social communication (afternoon snack)	Social communication (afternoon snack)
<b>14:45 – 14:55</b>	Regulation and movement break/personal care /begin preparation for home	Regulation and movement break/personal care /begin preparation for home	Regulation and movement break/personal care /begin preparation for home	Regulation and movement break/personal care /begin preparation for home	Regulation and movement break/personal care/ begin preparation for home
<b>14:55– 15:05</b>	Meditation	Meditation	Meditation	Meditation	Meditation
<b>15:05 – 15:10</b>	Home time/ signing out medication/ transition to taxi	Home time/ signing out medication/ transition to taxi	Home time/ signing out medication/ transition to taxi	Home time/ signing out medication/ transition to taxi	Home time/ signing out medication/ transition to taxi