

## Hedgehogs Timetable 2025/2026

	Monday	Tuesday	Wednesday (Rhiannon PPA PM)	Thursday (Rhiannon PPA 10.30-11.45)	Friday
<b>8.50- 10.00</b>	9.30am until 12pm Hydrotherapy     If no swimming, then we would take part in normal routine – accessing some additional interventions from 11.00-11.30	Physio Personal Care	9.30am until 12pm Hydrotherapy     If no swimming, then we would take part in normal routine – accessing some additional interventions from 11.00- 11.30	Physio Personal Care	Physio Personal Care
Curriculum Area					
<b>10.00– 10.25</b>		Good morning routine		Good morning routine	Good morning routine
Curriculum Area					
<b>10.25- 11.00</b>		Communication and fine motor development Personal Care		Communication and fine motor development Personal Care	Communication and fine motor development Personal Care
Curriculum Area					
<b>11.00- 11.35</b>		Adult Directed Input –Music (DR/EH RWI)		Adult Directed Input – Cooking (Rhiannon on PPA)	Light Room/Swings Intervention
Curriculum Area					
<b>11.30-12.00</b>	Pupils outside for social relationships	Pupils outside for social relationships	Pupils outside for social relationships	Pupils outside for social relationships	Pupils outside for social relationships
<b>12-1.00</b>	Lunch – enrichment and social relationships	Lunch – enrichment and social relationships	Lunch – enrichment and social relationships	Lunch – enrichment and social relationships	Lunch – enrichment and social relationships
Curriculum Area					
<b>1.05-1.10</b>	Personal Care (DR/CD/KJL)	Personal Care (DR/CD/KJL)	Personal Care (DR/CD/KJL)	Personal Care (DR/CD/KJL)	Personal Care (DR/CD/KJL)
Curriculum Area					
<b>1.10 – 1.25</b>	Personal Hygiene Routine (Looking Good)	Personal Hygiene Routine (Looking Good)	Personal Hygiene Routine (Looking Good)	Personal Hygiene Routine (Looking Good)	Personal Hygiene Routine (Looking Good)
Curriculum Area					
<b>1.25-1.40</b>	Adult Directed Input - Sensology	Adult Directed Input - Sensology	Adult Directed Input -Sensology	Adult Directed Input -Sensology	Adult Directed Input - Sensology
Curriculum Area					

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<b>1.40 - 2.20</b>	Adult Directed – Cognition/Explore and Discover	Adult Directed Input – STARS (Sensory Tactile and Response Session) DR/EH body awareness activities	Adult Directed Input Forest School Rhiannon out PPA	Adult Directed Input – Sensory Story	Adult Directed Input – MATP
<b>Curriculum Area</b>					
<b>2.20 – 3.00</b>	Personal care and communication and fine motor development.	Personal care and communication and fine motor development.	Personal care and communication and fine motor development.	Personal care and communication and fine motor development.	Personal care and communication and fine motor development.
<b>Curriculum Area</b>					
<b>3.00 -3.10</b>	Class Assembly and emotional regulation	Class Assembly and emotional regulation	Class Assembly and emotional regulation	Class Assembly and emotional regulation	Class Assembly and emotional regulation
<b>Curriculum Area</b>					

Colour Key
My Body and Mind
My Communication
My Physical Wellbeing
My Attention and Understanding