

Conkers Timetable Term 4 2026

	Physical and Sensory Play		Discover		Nature		Holistic Therapy		Engagement & attention	
	Monday		Tuesday		Wednesday		Thursday		Friday	
08.50 – 09.30	Nature	Physical								
9.30 – 9.40	Good morning									
9.40 – 10.00	Love of reading		Celebration							
10.00 – 10.20	Zones of regulation		STARS							
10:20 – 10:40	Social communication (snack)									
10:40 – 11:00	Enrichment/personal care routines/play									
11.00 – 11.30	Curious Cognition		Curious Cognition		Curious Cognition		Curious Cognition		Brick therapy & Light therapy	
11:30 – 11:50	Tray tasks		Tray tasks		Tray tasks		Tray tasks			
11:50 – 12:00	Personal care/ dinner preparation									

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12:00 – 13:05	Enrichment & social relationships (lunch)				
13:05 – 13:30	Quiet and calm time				
	Looking good				
13:30 – 13:35	Good afternoon/zones of regulation check in				
13:35 – 13:45	Attention time				
13:45 – 14:00	Love of reading	Love of reading	Love of reading	Sensory story	Love of reading

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	Monday	Tuesday	Wednesday	Thursday	Friday
14:00 – 14:35	Cooking	Sensology	Topic	Sensory story	Hydrotherapy
14:35–14:45	Social communication (afternoon snack)	Social communication (afternoon snack)	Social communication (afternoon snack)	Social communication (afternoon snack)	Social communication (afternoon snack)
14:45 – 14:55	Personal care /begin preparation for home	Personal care /begin preparation for home	Personal care /begin preparation for home	Personal care /begin preparation for home	Personal care /begin preparation for home
14:55–15:05	Meditation	Meditation	Meditation	Meditation	Meditation
15:05 – 15:10	Home time/ signing out medication/ transition to taxi	Home time/ signing out medication/ transition to taxi	Home time/ signing out medication/ transition to taxi	Home time/ signing out medication/ transition to taxi	Home time/ signing out medication/ transition to taxi
	*A 5-minute physical movement break will be implemented between each activity throughout the day GoNoodle Move, Shake and Boogie!				